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**Ultra Lithium Stakes Additional Land at Zigzag Lake**

**October 14<sup>th</sup>, 2009**

**TSX-V: ULI**

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**Vancouver, B.C., October 14<sup>th</sup>, 2009 – Ultra Lithium Plus. (TSX-V: ULI)** (“Ultra” or “the Company”) is pleased to announce it has staked an additional 48 claim units contiguous to its 100% owned Zigzag Lake project. This brings the total land package to approximately 2064 hectares. The additional ground has two occurrences with Lithium and rare earth metal showings.

About the additional ground;

**Dempster East**

- Located in the northeast portion of the property.
- The occurrence is a pegmatite dike, which cuts obliquely across the mafic metavolcanics and has been traced in the southeast direction for approx. 45.7m.
- Six channel samples were cut across the occurrence by Dempster Exploration Ltd. (1956) and they indicated an average grade of 1.88% Li<sub>2</sub>O.
- Three samples, cut near the southeast end of the occurrence averaged 1.78% Li<sub>2</sub>O across a width of 4.1 m.

**Ketchikan Road Beryl**

- Pale green beryl was discovered in a 2m wide dike of garnet-biotite-muscovite pegmatic leucogranite near the south side of Ketchikan Lake Road.
- Breaks, et al (2006) stated:
  1. That a muscovite bulk sample revealed anomalous levels of most rare elements; Lithium, Caesium, Tin, Niobium and Tantalum.
  2. This is a new occurrence beyond the known limits of the other pegmatite groups in the area and therefore, further prospecting within the tonalite-trondhjemite-granodiorite terrain south of the greenstone belt is encouraged as this beryl occurrence could be part of a larger, zoned, rare-element pegmatite swarm.

Ultra’s property is contiguous to Linear Metals’ (TSX-V: LRM) Seymour Lake Lithium project. Linear has recently announced resuming exploration activities on the project where significant lithium mineralization was intersected with grades up to 2.4%. (See Stockwatch, 2009-08-25)

The technical information in this news release has been prepared in accordance with the Canadian regulatory requirements set out in National Instrument 43-101 and reviewed on behalf of the Company by Ken G. Fenwick, M.Sc., P.Eng. a qualified person.

We seek safe harbour.

ON BEHALF OF THE BOARD OF DIRECTORS,

Ultra Lithium Plus.

Per: "Marc Morin"

Director

**FOR FURTHER INFORMATION PLEASE CONTACT:**

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